

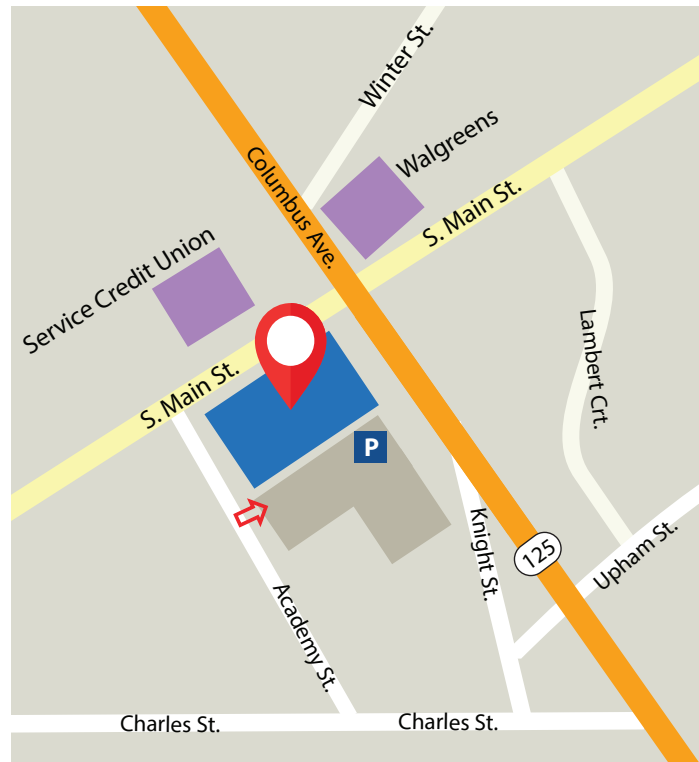
# DIRECTIONS: South Main St. Campus

## From Dover or Somersworth

Take NH-108 N past Frisbie Memorial Hospital and go through lights at the intersection (Walgreens will be on your right). Take the first left onto Academy Street then turn left into parking lot.

## From Sanford, ME

Take US-202 W for approximately 12 miles to East Rochester, N.H. At 2<sup>nd</sup> set of lights turn left onto Eastern Avenue and follow to end. Turn left onto Kimball Street and then turn right onto Summer Street. At the traffic lights, turn left onto Columbus Avenue. Go straight through one set of lights. At next set of lights (Walgreens on left, Service Credit Union on right) turn right onto South Main Street and then immediately turn left onto Academy Street. Take the first left into parking lot.



## From the North (Farmington)

Take NH-11 E to North Main Street and drive through downtown Rochester (South Main Street). Take a right onto Academy Street (after Friendly's and D'Angelo's) then turn left into parking lot.

## From North (Route 16 / Spaulding Turnpike)

Take NH-16 N to Exit 12 in Rochester. Take NH-125 N and drive to intersection at South Main Street (Cumberland Farms will be on the left). Turn left onto South Main Street and then take immediate left onto Academy Street. Take first left into parking lot.

Rehabilitation Services  
at Frisbie Memorial Hospital  
95 South Main St.  
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(603) 330-8952