

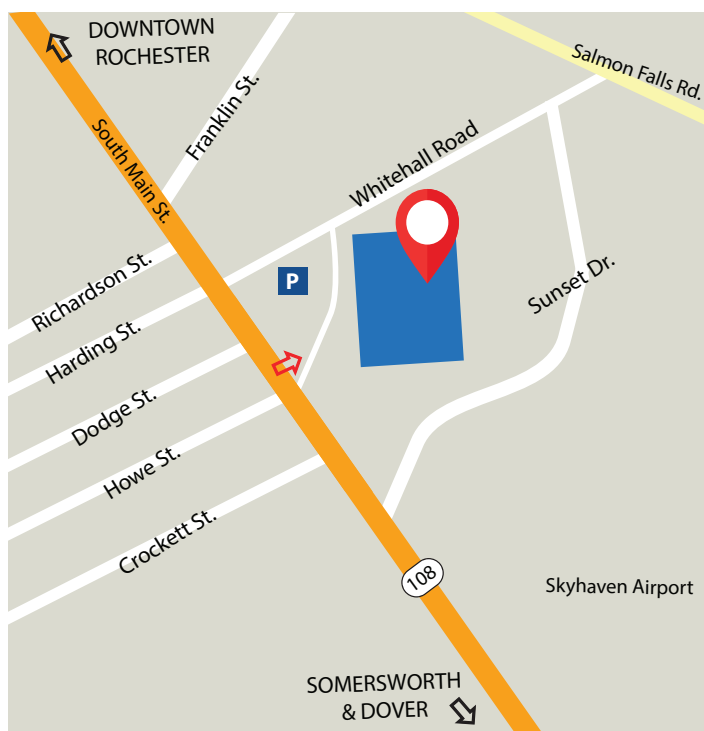
DIRECTIONS: Frisbie Memorial Hospital Campus

From Dover or Somersworth

Drive on NH-108 N to Rochester. Frisbie Memorial Hospital will be located on the right.

From Sanford, ME

Drive on US-202 W for approximately 12 miles to East Rochester, N.H. At intersection (Cumberland Farms will be on the left), take a left onto Main Street, which becomes South Portland Street (1.3 miles). Take a slight left onto Franklin Street (1.3 miles) and then a sharp left onto South Main Street (.3 miles). Turn left onto Whitehall Road. Frisbie will be located on the right.



From the North (Farmington)

Take NH-11 E to North Main Street and drive through downtown Rochester (South Main Street). Continue on South Main Street (NH-108 E). Take a left onto Whitehall Road. Frisbie will be located on the right.

From North (Route 16 / Spaulding Turnpike)

Take NH-16 S / Spaulding Turnpike to Exit 12 in Rochester. Take NH-125 N to intersection at South Main Street (Cumberland Farms will be on the left). At traffic lights, turn right onto South Main Street. Continue on South Main Street (NH-108 E). Take a left onto Whitehall Road. Frisbie will be located on the right.

Rehabilitation Services
at Frisbie Memorial Hospital
11 Whitehall Rd.
Rochester, NH 03867
(603) 330-8952

**Frisbie** Memorial Hospital
It's about People. Technology. Trust.